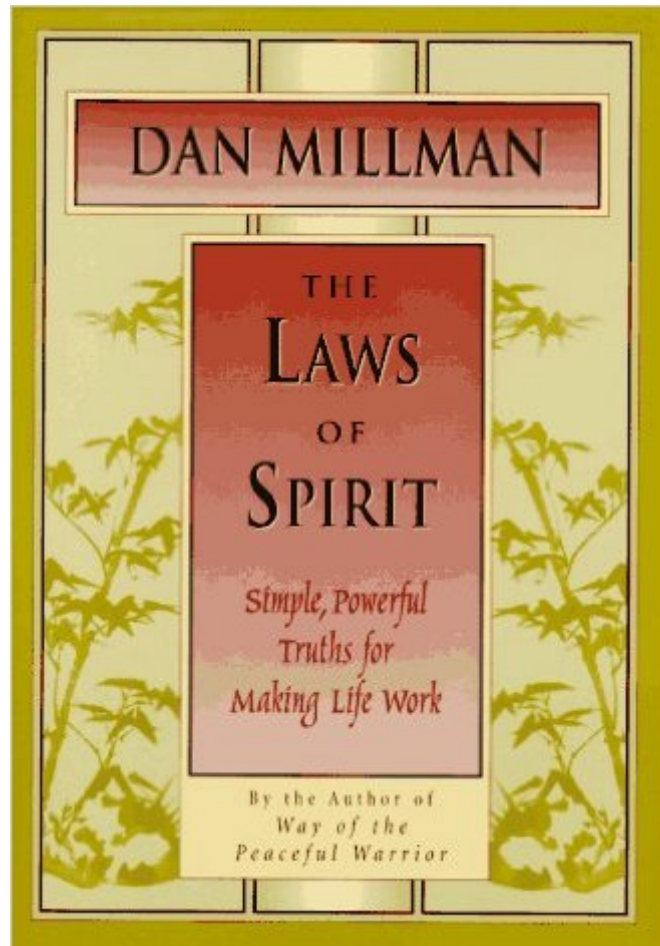


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# The Laws Of Spirit: Simple, Powerful Truths For Making Life Work



## Synopsis

The Laws of Spirit is a parable by Dan Millman, best-selling author of *Way of the Peaceful Warrior*, that explores the mystery of existence and the spiritual laws that shape the direction, meaning, and path of each person's life. While on a mountain hike, Dan Millman encounters a woman of great wisdom who takes him on an odyssey of spiritual discovery. Through stories, tests and experiences in the wilderness, she explains the fundamental laws of: balance, choice, process, presence, compassion, faith, expectation, integrity, action, cycles, surrender, and unity. The Laws of Spirit illuminates keys to inner peace and hidden potential that lead to a deeper sense of meaning, connection, and harmony with all of creation. It is a book that will become a friend on any readers journey through life.

## Book Information

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## Customer Reviews

Many of you will know Dan Millman for his *Way of the Peaceful Warrior*, or perhaps one of his other many books. I've read a good number of them myself. But for its easy reading, its graceful approach, and its universal laws condensed, *The Laws of Spirit* is my favorite of all his titles. Standing in line with that ancient tradition of sharing truths through fable, the book tells of a fantastic Millman adventure; with his family away for a few days, the author heads out for a day-long hike into the nearby hills, and there he meets with a sage who extends his intended time away. In the course of a few days, she shows him all the most important laws of Spirit, and makes them real for him through immediate experience. These laws begin and end with the important principles of

balance and unity; but they also cover so many others that can transform lives: choice, process, presence, compassion, faith, expectation, integrity, action, cycles, and surrender. They're all here, and explained with humor, and with real art - this is the most beautifully written of all Millman's work!! I'm also a fan of the short and sweet - something people can use in our hurried world to slow themselves down just a little, and to get a real gem out of reading in those spare moments. The book itself is a lightweight champion, easy to keep on hand; each chapter is about eight pages, simple to tackle over breakfast, on the bus, wherever. It sort of kicks our excuses in the rear. Each chapter is poignant, and really filled with wisdom - almost like a book of wise quotes, so focused is the writing. But meanwhile, one enjoys the tale itself.

My search for a kind of unfiltered universal truth is over after reading this masterpiece. The author, Dan Millman, has written a work for the ages. Never have words from a book jumped out and expressed so much in so few pages. I have never assumed religion and truth to be necessarily synonymous (although they could be). This book has nothing to do with religion and yet is everything about truth. I was consciously aware that my normally cynical attitude on matters spiritual was literally being reshaped with each turn of the page. For example, The Law of Faith really hit home for me when the Sage says to the Traveler, "What if you suddenly knew with certainty that a higher intelligence was working through you and everyone else for the highest good of humanity--that there is indeed a purpose for every pleasure and hardship?" and the Traveler says, "If I knew that, it would make a difference." The Sage responds, "The Law of Faith doesn't require you to believe this, Traveler, but it guides you to live your life as if this were true; in other words, on faith." Later adding, "Faith is not the opposite of reason. Applying the Law of Faith is one of the most practical, reasonable, constructive things you can do to live an inspired life." The book seems to literally crescendo towards the final law--The Law of Unity: "Whether we are One or many depends more upon our perspective than on any objective reality. Conventional knowledge tells us that we are separate; higher wisdom informs us that we are One. We are all the same Consciousness, manifesting in different bodies, the way leaves are part of the same tree.

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